



VNG Patient History

Please spend a few moments to answer the following questions to your best of your ability regarding your dizziness, vertigo, imbalance, or unsteadiness.

Name: _____ Date of birth: _____

Referred by: _____

Emergency contact name/relationship: _____

Emergency contact telephone number: _____

When did your problem first occur? _____ How long did it last? _____

Please circle Yes or No to the following sensations you have experienced.

- | | | |
|-----|----|---|
| Yes | No | Do you experience motion/sea/air sickness? |
| Yes | No | Did you experience motion sickness as a child? |
| Yes | No | Do you have a family history of motion sickness? Who? _____ |
| Yes | No | Do you experience migraine headaches? |
| Yes | No | Did you have any injuries to your head? When? _____ |
| Yes | No | If you received a head injury, were you unconscious? |
| Yes | No | Have you ever had a neck injury? |
| Yes | No | Have you ever fallen? How often? _____ |
| | | Where? (i.e. inside home, outside home, work) _____ |
| Yes | No | Are you afraid of falling? |
| Yes | No | Do you take any medications regularly? What: _____ |
| | | _____ |
| Yes | No | Do you use alcohol? |

If you have dizziness, please circle either Yes or No and fill in the blanks to your best ability. If you do not experience dizziness, please go to the next section.

- | | | |
|-----|----|--|
| Yes | No | My dizziness is constant. |
| | | How often is an episode of dizziness? _____ |
| Yes | No | Do you have any warning that the episode is about to start? |
| Yes | No | Is the dizziness provoked by head/body movements? |
| | | If so, which direction? _____ |
| Yes | No | Is the dizziness better or worse at a particular time of day? |
| | | If so, when? _____ |
| Yes | No | Do you know of anything that will stop your dizziness or make it better? |
| | | What? _____ |

Do you experience any of the following sensations? Please circle or fill in the blanks if needed.

- | | | |
|-----|----|---|
| Yes | No | Light headedness |
| Yes | No | Blacking out of loss of consciousness |
| Yes | No | Sensation of object /room are spinning or turning around |
| Yes | No | Sensation that you are turning or spinning |
| Yes | No | Tendency to fall? To the right or left? _____ Forward or backward? _____ |
| Yes | No | Loss of balance when walking? Veer to the right or left? _____ |
| Yes | No | Do you have trouble walking in the dark? |
| Yes | No | Do you have problems turning to one side or another? |
| Yes | No | Nausea or vomiting |
| Yes | No | Pressure in head |

Have you experienced any of the following symptoms?

- | | | |
|-----|----|---------------------------------|
| Yes | No | Double vision |
| Yes | No | Blurred vision or blindness |
| Yes | No | Spots before your eyes |
| Yes | No | Numbness of face, arms, or legs |
| Yes | No | Weakness in arms or legs |
| Yes | No | Difficulty swallowing |
| Yes | No | Tingling around the mouth |
| Yes | No | Difficulty speaking |

If you have not had a recent hearing test at our office, please answer the following questions.

- | | | |
|-----|----|--|
| Yes | No | Do you have a difficult time hearing? Do you have a better hearing ear? _____ |
| Yes | No | Does your hearing change with your symptoms? How? _____ _____ |
| Yes | No | Do you experience any tinnitus? (i.e., ringing, humming, chirping) |
| Yes | No | Is it constant? |
| Yes | No | Is it in both ears? If not, which ear? _____ |
| Yes | No | Punctured ear drum (Which ear? _____) |
| Yes | No | Ear pain |
| Yes | No | Ear drainage |
| Yes | No | Ear infections |
| Yes | No | Wax issues |